

FORM CA-2 · COMPANION GUIDE

Federal Employee's Notice of Occupational Disease

For conditions that developed over time from your federal job duties.

The CA-2 is used when your condition didn't come from a single workplace event but developed gradually through exposure, repetition, or the cumulative effect of your job duties. It's filed with OWCP under FECA to initiate a claim for occupational disease or illness benefits.

When to use this form

Use a CA-2 for repetitive strain injuries (carpal tunnel, tendinitis), chronic musculoskeletal conditions from years of lifting or physical work, exposure-related illnesses (chemical, respiratory, hearing loss), and gradual-onset psychological conditions from job stress or specific workplace events. **File within 3 years** of the date you became aware — or should have become aware — that your condition was related to your federal employment.

What makes a CA-2 different from a CA-1

A CA-2 requires you to explain the clinical progression of your condition and the specific job duties that caused or aggravated it. Unlike a traumatic injury where the event is a single moment, an occupational disease claim depends on a detailed, documented history of exposure or repetitive activity.

Causation — the hardest part

OWCP will accept a CA-2 only if your medical evidence clearly establishes that your federal job duties, exposures, or repetitive activities caused or significantly contributed to your condition. A well-written attending physician's report is often the difference between acceptance and denial.

Supporting documentation you'll need

A detailed employment history showing the duties relevant to your condition, any prior medical records showing the progression of symptoms, diagnostic results (imaging, nerve conduction studies, audiograms, lab work), and — critically — a physician's report connecting the condition to your work.

How NuThera helps

Our providers document the progression of your condition, map symptoms back to specific duties, and write the causation narrative OWCP will judge your claim against. For exposure or repetitive-strain cases, we coordinate imaging, nerve studies, and consultations so the clinical picture is complete before your claim is submitted.

Get the official form:

<https://www.dol.gov/agencies/owcp/FECA/regs/compliance/forms>

Need help with your OWCP claim?

Call NuThera at (725) 726-7914 or request an appointment online at nuthera.us/contact. Two Southern Nevada

locations, OWCP-enrolled, multidisciplinary care.